Social Security: Vital to Ohio Women and Families

Social Security is a family insurance plan that provides retirement benefits and life and disability insurance to Ohio’s working families.

- About 1 in 5 residents – about 2,124,700 people – receives disability, survivor, and/or retirement benefits from Social Security.
- 91 percent of residents 65 and older receive Social Security benefits.
- About 163,400 children receive Social Security benefits because of the loss of a parent’s income due to death, disability or retirement.
- About 211,500 widowed spouses receive Social Security survivor’s benefits. (Nationally, women represent virtually all (99 percent) of spouses receiving survivor benefits.)

Ohio women depend on modest Social Security benefits to get by.

- Women are a majority of both adult beneficiaries and beneficiaries 65 and older.
- The average Social Security benefit for women 65 and older is about $11,800 per year, compared to about $16,200 for men 65 and older.
- Older women rely more on income from Social Security than older men do. Median income for women 65 and older living alone is $16,800 per year – and Social Security represents 71 percent of that amount. Median income for comparable men is $24,200 – and Social Security represents 54 percent of that amount.

Social Security is a critical anti-poverty program for Ohio women and families.

- Social Security lifted 859,000 residents out of poverty, including 47,000 children.
- Social Security dramatically reduced poverty rates for women 65 and older: from 53 to 10 percent for all women 65 and older, and from 68 to 17 percent for older women living alone.
- Social Security also reduced the poverty rate for African-American women 65 and older from 54 to 26 percent.